

## HUMANITIES DOMAIN

Dear parents, guardians and the wider Mt Hira College school community,

The Humanities Domain has started off the 2019 academic year with our usual positive and enthusiastic outlook. This year, we have an amazing team of eight staff members who specialise in Humanities and are passionate in instilling the humanities impression on our students and entire school community.

This term, Year 6 students have been focusing on Economics: Money matters. They are currently having various discussions about different Australian businesses, world economies and trade-offs. On the 5th March, 2019 they also experienced a Melbourne City Walk to learn more about the economic development of Melbourne CBD.

Also this term, students from years 7-10 are completing their Civics and Citizenship unit. Curriculum topics include learning about our Commonwealth and State Parliamentary Systems, the different laws that affect Victorians and the importance of being an active participant in our democratic nation. Students are also broadening their research and ICT skills, as well as their communication and presentation skills through various assessment tasks.

Our Year 9 and 10 students have also had the opportunity to partake in an Elective this year (Introduction to VCE Legal Studies and VCE Geography) and a Pathways course to help build their interest and understanding required for future study.

Lastly, our VCE students are working hard undertaking their Units 1-4 Business Management and Legal Studies courses, in aims of achieving their very best results in preparation for their tertiary courses. This week, a selected few of our VCE students have also been given an amazing opportunity to get a head start in first year university level subjects at Federation University in Berwick, which is exciting.

So far, it's been a busy yet fruitful term for the Humanities Domain, and we look forward to an even more successful semester for all of our students.

Warmest regards,

Diala Nahas

Humanities Domain Leader



# ▶ HEALTH AND PHYSICAL EDUCATION DOMAIN

Dear Parents and Guardians,

Welcome back to 2019. The HPE Domain is pleased to welcome three more teachers to the HPE team in addition to the four we have had since last year. A big warm welcome to Ms. Sara Saadzadah, Ms. Ebru Halimoff and Ms. Mazni Kadir. The Year 5 and 6 students are currently involved in the Noble Park District Interschool Sports. Students participate in a variety of sports (volleyball, basketball, tennis, softball and cricket) and compete against other schools on Thursdays. We have also introduced the “Rhythm and Movement” program in collaboration with Kinect 2 Dance with the Foundation students. Students learned different movements based on the different rhythm in music. The session goes for 40 minutes on a Friday for five weeks.

Apart from that, we are also pleased to have James Freeman from the St Kilda Football Club organising football clinics with the Foundation and Year One students on Tuesdays. The program runs for four weeks and students will be learning football skills to enhance their Physical Education knowledge.

Swimming lessons started with both the Year 3 and 5 cohort participating in the program at Toby Haenen Swim Centre in Chelsea Heights.

Year 7 and 8 students were involved in Islamic Schools competition and participated in futsal and basketball. Most Islamic schools in Victoria were invited to the competition and it was a great way to foster positive relationships with the other Islamic schools as well. Year 11 and 12 students participated in tennis and volleyball Interschool Sports. The girls’ tennis team emerged as champions in the Dandenong District. Year 7 students were also given the privilege to be involved in SHINE Program conducted by Deakin University. The SHINE program supports healthy image, nutrition and exercise in adolescence.

All Year 2 – 12 students will be looking forward to the Athletics Carnival this term. The Middle/Senior School Athletics Carnival is scheduled to be on Wednesday, 20th March 2019 and Junior School (Year 2- Year 5) Athletics Carnival will be on Wednesday, 3rd April 2019.

Finally, lunch time training started in Week 6 and students can attend training sessions based on the timetable provided by the HPE Domain. Please note that only a certain year levels are currently involved.

Thank you.  
Mr. Desmond Khoo  
Health and Physical Education Domain Leader



## SCIENCE DOMAIN

### Science At Work -2019

Students across all year levels have started exploring the various dimensions of 'Scientific Skills' with great zeal in the beginning of this 2019 academic year. Accomplishing their skills, our budding Year 7 students excitedly received their 'Bunsen Burner licence' from their teachers. The new state-of-the-art Science laboratories and classrooms have immensely inspired our Senior Science students this year and they are effectively using it for doing various experiments. The students of Psychology and Biology are encouraged to make use of the extra-help offered by Ms. Sarah and Ms. Khatera towards VCE exam preparation.

I am very excited in joining Mt. Hira College as a Science Domain Leader. I welcome Ms. Sara Saadzadah –Science teacher and Mrs. Erandika- Lab Manager- Full time Lab Manager who have joined us this year.

Mr. Peter Louis  
Science Domain leader



## COLLEGE EVENTS

### Middle and Senior School Information Evening

The Middle and Senior School Information Evening took place on Tuesday 19th February, 2019. The event aimed to outline the structure of the curriculum offered at Mt. Hira College and to explain key College policies and procedures, student expectations and the availability of support services. Parents and guardians had the opportunity to meet teachers and Domain leaders. The evening was a wonderful opportunity to welcome new families and we'd like to thank all of the students and their families who attended.



## WELLBEING

### **What is Wellbeing?**

Wellbeing can be defined as a complex combination of a person's physical, mental, emotional and social health. Community is at the heart of student wellbeing at Mt Hira College, it is the fabric of our school culture, and it is built on the firm belief that everyone belongs and that everyone has something valuable to contribute.

At Mt Hira College we work hard to ensure that our children, families and staff feel connected to the community. Positive Education is one of the approaches that we have adopted to help us achieve a strong community that values belonging and connection.



### **Friendships & Conflict**

Children go through many stages of making friends and along the way will experience conflict at some stage. It is very normal for children to experience conflict from time to time as this a way of children discovering what works with friends and what doesn't – put simply children are developing their social and emotional skills. Some children may get confused when they have a disagreement or conflict with another person and may call this bullying. There is a great difference between conflict and bullying and here is a simple way to differentiate between them:

- Misunderstanding – usually problems around communication.
- Disagreement – do not agree on something and both want their own way.
- Conflict – people usually want to solve the problem. Can be over a period of time if not sorted properly.
- Bullying – threatening, repetitive, targeted, deliberating wanting to harm, abusive, no attempt to resolve issue.

If your child does experience conflict, this is a wonderful teaching moment to guide them and help them learn about how to get along with others. Sometimes children can resolve conflict themselves, particularly as they grow into the upper years of primary, but when they are young they may need guidance, and most importantly emotional support.

The best way to give emotional support is to use 'reflective listening'. When we practice this type of listening, we listen to the content of what your child is saying and listen for the emotion and then we reflect back what they are saying e.g. "it sounds as though that really frustrated you when you did not get to play your game". We can then try to help them problem solve the situation by giving them lots of opportunities to brain storm a solution without stepping in too early to solve it for them.

### **Conflict teaches kids:**

- How to give and take
- How to come to an agreement
- How to compromise
- How to solve problems
- To build empathy
- To understand others and their needs
- How to get along in a group
- How to develop successful, loving

12 MART 1921  
İSTİKLAL MARŞI'NIN KABULÜ



ALLAH BU MİLLETE BİR DAHA  
İSTİKLÂL MARŞI YAZDIRMASIN!..


Mehmet Akif  
ERSÖY



Asıl adı Mehmet Ragif olan Mehmet Akif 1873 yılında İstanbul'da doğdu. Annesi Emine Şerife Hanım, babası Temiz Tâhir Efendidir. İlk tahsiline Emir Buhâri Mahalle Mektebinde başladı. İlk ve orta öğrenimden sonra Mülkiye Mektebine devam etti. Babasının vefâtı ve evlerinin yanması üzerine mülkiyeyi bırakıp Baytar Mektebini birincilikle bitirdi. Tahsil hayatı boyunca yabancı dil derslerine ilgi duydu. Fransızca ve Farsça öğrendi. Babasından Arapça dersleri aldı. Ziraat nezaretinde baytar olarak vazife aldı. Üç dört sene Rumeli, Anadolu ve Arabistan'da bulaşıcı hayvan hastalıkları tedavisi için bir hayli dolaştı. Bu müddet zarfında halkla temasta bulundu. Akif'in memuriyet hayatı 1893 yılında başlar ve 1913 tarihine kadar devam eder. Memuriyetinin yanında Ziraat Mektebinde ve Dârülfünûn'da edebiyat dersleri vermiştir. 1893 senesinde Tophâne-i Âmire veznedarı M. Emin Beyin kızı İsmet Hanımla evlendi.

Âkif okulda öğrendikleriyle yetinmeyerek, dışarda kendi kendini yetiştirerek tahsilini tamamlamaya, bilgisini genişletmeye çalıştı. Memuriyet hayatına başladıktan sonra öğretmenlik yaparak ve şiir yazarak edebiyat sahasındaki çalışmalarına devam etti. Fakat onun neşriyat âlemine girişi daha fazla 1908'de İkinci Meşrutiyetin ilanıyla başlar. Bu târihten itibaren şiirlerini Sırât-ı Müstakîm'de yayınlanır. 1920 târihinde Burdur Mebusu olarak Birinci Büyük Millet Meclisine seçildi. 17 Şubat 1921 günü İstiklâl Marşı'nı yazdı. Meclis 12 Martta bu marşı kabul etti. 1926 yılından itibaren Mısır Üniversitesinde Türkçe dersleri verdi. Derslerden döndükçe Kur'ân-ı Kerîm tercümesiyle de meşgul oluyordu, fakat bu sırada siroza tutuldu. Önceleri hastalığının ehemmiyetini anlayamadı ve hava değişimiyle geçeceğini zannetti. Lübnan'a gitti. Ağustos 1936'da Antakya'ya geldi. Mısır'a hasta olarak döndü. Hastalık onu harâb etmiş, bir deri bir kemik bırakmıştı. İstanbul'a geldi. Hastanede yattı, tedavi gördü. Fakat hastalığın önüne geçilemedi. 27 Aralık 1936 tarihinde vefat etti. Kabri Edirnekapı Mezarlığındadır.

MT HIRA COLLEGE  
**JUNIOR**  
**ATHLETICS DAY**  
 YEAR 2 - YEAR 5  
**WEDNESDAY 3RD APRIL**  
 ROSS RESERVE ATHLETICS TRACK



9AM - 2.30PM

MT HIRA COLLEGE  
**MIDDLE & SENIOR**  
**ATHLETICS DAY**  
 YEAR 6 - YEAR 12  
**WEDNESDAY 20TH MARCH**  
 ROSS RESERVE ATHLETICS TRACK



9AM - 2.30PM


MT HIRA COLLEGE  
**PARENT - TEACHER**  
**Term 1 Interviews**  
**Thursday 28TH of March**  
 9:00 a.m. - 6:30 p.m.

**FOUNDATION - YEAR FIVE**  
 Junior School interviews with class teachers will take place in their respective classrooms.



Interviews with Junior School specialist teachers of Arabic, Physical Education, Religious Education and Turkish will take place in the Gymnasium.

**YEAR SIX TO YEAR TWELVE**  
 Middle School and Senior School interviews will take place in the Gymnasium.

  
**SCHOOL PHOTO DAY IS COMING**  
 SCHOOLPIX will be here on **12<sup>th</sup> of March, 2019**

**PHOTO DAY TIPS:**

**Dress:** Clean and tidy as per school uniform guidelines. Middle and Senior school to have blazers on and Junior School to have jackets on.

**Hair:** Neat and swept off face

**Online Orders:** To pre-order online, take your personal Order and ID Numbers found on your order form and go to [www.schoolpix.com.au](http://www.schoolpix.com.au). Orders can be placed online up to 2 working days after photography. *You do not need to return the order form if you order online.*

**Remember:** All orders placed online before midnight on photography day will receive a free 20cm x 25cm black and white portrait print.

**Manual Orders:** Complete your order form and return with payment to school on photography day

**Sibling Orders:** For a special photo of your children together order online by **8am** on photography day. Alternatively collect a Sibling Order Form from the office or download it from the SchoolPix website and return it on photography day. Only siblings that place an order will be photographed.

If you have any questions call SchoolPix on 1300 766 055 or email [help@schoolpix.com.au](mailto:help@schoolpix.com.au)